

# H.O.P.E.



## Support Groups



### **Non-Offending Parent Groups**

*This twelve week group will meet weekly and provide Psycho Education to parents of children that have been sexually victimized. Registration to participate in this group is required, please contact our office for more information.*



### **Survivors of Sexual Abuse Support Groups**

*H.O.P.E. offers support groups for adults, children, and adolescents that have been victims of sexual abuse. All groups meet weekly on an on-going basis.*



### **Healing & Eliminating Abusive Relationships in Teens**

*A support group for teens and young adults who are seeking help on how to cope with, break away from an abusive relationship or just a "bad" situation.....whether for themselves or for someone you believe is in an abusive relationship.*



### **Mind, Body & Soul (Mindfulness) Groups**

*This six week group will meet weekly. Come build self esteem and gain more emotional control of your life. Relaxation techniques will be taught for the mind, body, and soul.*

### **Grief/Loss Support Groups**

*H.O.P.E. offers support groups for adults, children, and adolescents who have experienced a loss of a loved one through death, parental separation including divorce, long-term foster care, and termination of parental rights.*



If your child or client is in need of the above services, please contact our office for an assessment. We currently accept Full Medicaid, Amerigroup, HPN Smart Choice, HPN, Sierra Health. We offer a sliding fee scale, EAP, and will be contracting with Victims Compensation.